

----Week 2----

**Lunch**

Tomato Tart, Mixed Greens  
Creme Caramel, Rosemary Currant Shortbread

**Dinner**

Seared Striploin with pancetta Demi Glaze and Pan Seared Scallops  
Wild Mushroom Quinoa Risotto  
Honey Glazed Carrots and Green Beans

Lemon Blueberry Tart

**Breakfast**

Crisp Potato Cake, Braised Greens, Poached Eggs  
Roasted pesto tomatoes, Hollondaise

**Lunch**

Fresh Tabouleh Salad with Grilled Moroccan Pork  
Almond and Apple Tart, Maple Ice Cream

**Appy**

Pastry wrapped Baked Brie, balsamic onion jam  
Olives  
Baguette  
Charcuterie plate

**Dinner**

Grilled Caesar Salad, Parmesan Crisps  
White Bean and Carrot Stew  
Spinach, Olive and Feta Stuffed Chicken

Chocolate Pot de Creme, Crispy Tuile, Raspberries

**Breakfast2**

Granola Yogurt Cup, Fresh Fruit Salad  
Fresh Blueberry Lemon Scone

**Lunch2**

Almond Crusted Eggplant Parmigiana with fresh tomato sauce  
Warm Chickpea Salad

Chocolate Dipped Strawberries